

## Principal's Page

Newsletter WK 2 Term 3 2023

### Principal's Report

We have certainly hit the ground running this term. Staff were involved in professional development on the Monday pupil free day which included reflecting on best practice in English, Mathematics and ICT. We also commenced our learning journey as part of the Differentiation Project and reviewed our mindfulness program. We are looking forward to a busy term ahead.

### WasteSorted

On Tuesday WasteSorted ran a full day workshop in the school library with 30 teachers from Perth schools promoting the WasteSorted Schools Program and how schools can get involved. Thankyou to Natasha Bowman who spoke at the workshop providing an insight into Marmion's sustainability journey. This included taking participants on a short tour of our school, highlighting the projects and infrastructure we have implemented such as our Mushie Monster recycling bins and Megs Patch.



### School Board meeting

The next meeting is on Monday July 31 in the school library.

### Assembly

We invite all parents to our next assembly on Thursday August 3 conducted by Mrs Wardell's year 2 class.

### Parking

I have received a number of emails from parents concerned about the ongoing issues with parking around the school, particularly at the end of the day. Please ensure that your car does not impede any part of the footpath



# MARMION PRIMARY SCHOOL



## CELEBRATING SCHOOL

On Wednesday our Pre Primary students dressed up as old people to celebrate 100 days of pre primary. They had fun learning and completing activities to do with the number 100. They made paper crowns with 10 strips and 10 dots on each, they bought in 100 of something such as 100 cheerios, 100 rice bubbles, 100 mandarin pieces.



The year 1 and 2 students had fun dressing up yesterday and celebrating the first 101 days of school. Lots of 101 Dalmation activities were completed with a focus on mathematics and literacy.





# MARMION PRIMARY SCHOOL

## Library Reading Dog

We are commencing our reading dog trial on Monday so get along to the library at 8:20am in the morning to meet one of the dogs and enjoy a story or two.

## The Power of Reading

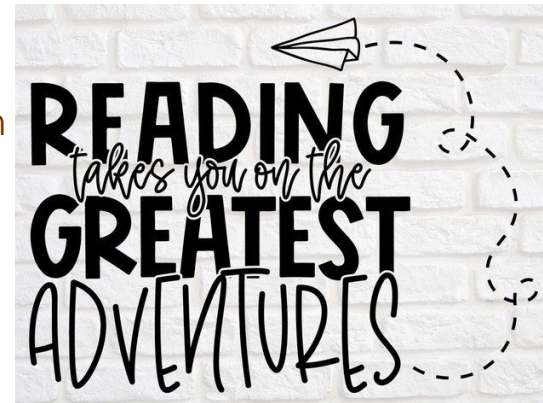
Mrs Jefferies our amazing librarian received a letter from one of our families, and we thought their story was wonderful to share. It is so fabulous when children are inspired by the books they read.

Dear Mrs Jefferies,

I'm not normally so sure on remembering the kids individual library books, but **Kracken the Komodo Dragon** was a special book for Mae...

It had such an impact on her we actually ended up going to see Kracken the Komodo Dragon and his keeper Jake at the Australian Reptile Park near Sydney when we were traveling for term 2. She now has a toy Kracken and her own copy of the book and a story to tell.

Thanks Suse Aitchison





## Character Strengths

Thanks to the hectic hustle and bustle of daily life, stress, unfortunately can become a regular part of it. It's safe to say that we'll literally try any method to banish its presence, from mindfulness to various other relaxation techniques. However, a new study has suggested that it needn't be so difficult; we simply have to inject a little more politeness into our day to see our stress levels reduced.

For the study, published online earlier this month in *Clinical Psychological Science*, participants were asked to keep track of their stress, mental health, and moods using a survey on their smartphones once per day for two weeks.

As part of that survey, participants were also asked about how often they performed "prosocial behaviours" each day - small gestures of kindness including doing things like holding the door open for someone else or asking others if they needed any help. Perhaps unsurprisingly, on days when participants performed more of these prosocial behaviours, the less stressed out they felt as their moods were regulated and rated their mental health more positively. It's also worth noting that people who were exceptionally helpful of others didn't have any significant drop in mood level at all, even on days when they reported feeling a lot of stress, so it seems even doing a small gesture for another can be very beneficial.



This research only adds to other findings which affirm that time spent helping others is linked to all kinds of health benefits (as well as stress reduction), including increased self-esteem, lower blood pressure and even a longer life.

"Findings suggest that affiliative behaviour may be an important component of coping with stress and indicate that engaging in prosocial activities 'might be an effective strategy for reducing the impact of stress on emotional functioning,'" said the study authors.

So, the next time you're feeling stressed, why not make someone's day (and yours too) by showing some extra kindness. You don't have to go overboard or opt for any grand gestures, as it is usually the little things that go a long way.



## ONLINE SAFETY WORKSHOP

For parents & carers.

You don't need to be a tech expert to help kids and teens have positive and safer interactions online.

Content includes:

- social media
- gaming
- cyberbullying
- the impact of tech on the body and mind
- exposure to inappropriate content (including pornography, violence or hateful content)
- online grooming
- parental controls



Wednesday August 9th

7pm - In the Library

Tickets will be available

through Qkr soon

\$10 per person



WA Child Safety Services  
Creating Safer Communities





# MARMION PRIMARY SCHOOL

Keep an eye on the calendar as it is updated regularly.

## TERM 3 SEMESTER 2

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
1	17 PD Day	18	19	20	21	22/23
2	24	25	26	27	28	29/30 White Christmas in July
3	31 Board Meeting 7pm	1 August	2	3 Assembly LA7	4	5/6
4	7	8 Interschool Cross Country Dayallia/North Beach Date to be confirmed	9 School Photos	10 School Photos	11	12/13
5	14	15	16	17 Assembly PP	18	19/20
6	21	22 Jumps & Throws BOOK FAIR	23 MPS Sports Carnival	24	25 Book Week Parade	26/27
7	28	29	30	31	1 September	2/3
8	4	5	6	7 Assembly LA8&9	8	9/10
9	11	12	13	14 Interschool Athletics	15 Interschool Athletics	16/17
10	18	19	20	21 Assembly LA10&11	22	23/24
	25 King's Birthday	26	27	28	29	30/1 October
	2	3	4	5	6	7/8



# P & C

## WHITE Christmas IN JULY

### WHITE CHRISTMAS IN JULY FUNDRAISER THIS SATURDAY!!

We are thrilled to share that we have over 70 people joining us for our event tomorrow night which is absolutely fantastic! Given that we didn't quite reach the numbers we required to have the entire restaurant to ourselves, the night is absolutely set to be an incredible night out for all ticket holders! For catering reasons, ticket sales have now closed. If you missed out this time around, make sure you get your tickets early for the next event to avoid disappointment! Tom's is now open for dinner service on Saturday so feel free to book a table, buy a cocktail and join us for a dance when you're done!

This parents only event will be an excellent opportunity to relax, unwind, and enjoy each other's company in an intimate setting & the P&C have offered an **extra** complementary drink for all ticket holders! Doors open at 6pm and will close late!

### ONLINE SILENT AUCTION

Our Silent Auction IS now LIVE online!! This is great news for anyone who wasn't able to attend in person as you can still support the P&C and hopefully snap up one of our incredible auction items by our generous sponsors! The Auction will end at 10pm during the Fundraiser on Saturday. You do not need to supply your credit card details throughout the bidding process for extra peace of mind. Payments can be made direct to the P&C after the auction closes if you are the successful winner. You can check out all 24x prizes here:

[www.airauctioneer.com/white-christmas-in-july-fundraiser](http://www.airauctioneer.com/white-christmas-in-july-fundraiser)

### XMAS BAUBLE - LUCKY DIP

The Xmas Bauble Lucky Dip is quickly selling out online Via QKR! There are 60x Xmas Baubles up for grabs with every bauble winning a prize! Jump online to QKR! to snap yourself up a bauble for just \$20 (prizes range in value from \$5-\$150!). Hurry, there is only 60x available and when they are gone, they're gone!

### COCKTAIL MENU:

Toms Italian have created 3x unique cocktails exclusively for our event with \$1 from every sale going back to the P&C:

- \* HO HO HO - cinnamon Sangria
- \* SLEIGH MY NAME - spiced baileys
- \* JINGLE JUICE - sticky date old fashioned

We truly appreciate your understanding and support in making this a great night and a successful event for our school.

- Marmion P&C Fundraising Team



### HO HO HO

{cinnamon sangria}



### SLEIGH MY NAME

{spiced baileys}



### JINGLE JUICE

{sticky date old fashioned}

## "The Marmion SeaDrop"

Donated by Egoli Jewellers  
available exclusively at the  
online silent auction

Value \$2,000

EGOLI  
Jewellers





# P & C News

## Friends of Marmion PS Bushland busy bee – planting the new native garden!

Bushland 'Friends of' groups are formed by local community members that want to help protect our environment. We have had increasing interest from parents and school neighbors in caring for the bushland around our school. To help us work together, we have started a new group called the Friends of Marmion Primary School Bushland.

To support this work, the P&C have secured funds from the City of Joondalup to create a beautiful new native garden at the entry to our school. You might have noticed that the roses and lawn have been removed and at our busy bee we will plant a new water wise native garden! The project is also being financially supported by the school and P&C. For more info email [friendsofmarmionbushland@gmail.com](mailto:friendsofmarmionbushland@gmail.com)

We hope to see you all at the planting busy bee and BBQ!

The friends of Marmion PS bushland group has a new facebook page!  
<https://www.facebook.com/profile.php?id=100095330944883>



Friends of Marmion PS bushland

## Native garden busy bee

**Sunday 13th August**

**1:30-3:30pm**

*We will be planting and mulching the  
new native garden out the front of the  
school on Cliverton Court*

***Kids of all ages are very welcome!***

*Come at any time and BYO gloves  
Native garden supported by....*



City of  
Joondalup



**Stay for our  
community BBQ  
from 3:30pm onwards**





# P & C News

## CANTEEN NEWS

### Volunteers needed!

We are fortunate to have a wonderful P&C run canteen at Marmion. It is open Wednesday, Thursday and Friday serving a variety of delicious lunch and afternoon recess options. In order for us to keep this service running, we are looking for volunteers. Volunteering is easy, doesn't take long, and kids love to see their parents helping out! You'll receive all the training you need, and will offer some much needed help to the staff in some basic food prep in the morning and sales at lunch.

You can get more info and sign up to volunteer here: <https://signup.com/go/VbtcBnr>

### Sports Day

Coming up on the 23 August

The canteen will be releasing a lunch menu soon!

There will also be a coffee cart and cake stall...

A great day for our whole school community and of course the kids!!



## P&C NEWS

### Next P&C meeting

The P&C are on the lookout for a new treasurer. This is a vital role which supports all of the hard work that the P&C does. If you would like to give back to the school and have some experience in bookkeeping and general financial management please get in touch for more details!!

### Call out for a new treasurer

Our next P&C meeting is on the Monday the 7<sup>th</sup> of August at 7:30pm in the school library. New members are more than welcome! Come along to have your say on the P&C activities and the ways we can support our school

### Uniform Shop

Our onsite uniform shop, run and staffed by volunteers is open every **Wednesday from 8:30 - 9:15am**. Yellow polo shirts have now been restocked!

Online orders are available via Qkr! with the option of delivery to your child's classroom or collection during opening hours.

The second hand rack is also well stocked with clothes so be sure to pop past. We thank you for your second hand donations but please note we are not able to accept hats, or any clothes with more than 2 stains. As a general rule of thumb; "If you saw it on the rack, would you buy it?". If no, please don't donate it.



# P & C News

**MARMION PRIMARY SCHOOL P&C**

## PROCESS FOR P&C FUNDING PROPOSALS

The P&C provides funding for numerous initiatives and projects around the school each year.

The P&C raises funds via our Fundraising Committee through a variety of events over the year, for example The Evening on the Oval, Mothers/Fathers Day stalls & Sports day. This is how we can provide funding to support the school.

If there is something you are passionate about that you think the school will benefit from or would like to coordinate an event for a purpose, whether it be new play infrastructure, IT equipment or recycling bins, you will need to submit a Funding Proposal to the P&C for discussion at a General Meeting.

We've set out a step by step process to assist in getting your Funding Proposal approved.

1. Speak to the School, (first stop Mr Boylan our Principal) to put forward your idea, confirm the need and get their approval. When you have this, then...
2. Research suppliers and try to get at least three quotes if it's an item you wish to have the P&C purchase for the School.
3. Liaise with the P&C to see if any grant opportunities would be available if applicable (e.g. could Lottery west provide some funding?).
4. Request the appropriate forms from the P&C for your funding Proposal to include the above information and confirm the content with Mr Boylan prior to submitting to the P&C.
5. Submit all relevant information to P&C 10 days prior to P&C meeting.
6. Be prepared to answer questions at the next general meeting to discuss your Funding Proposal.
7. Once approved you may proceed with your Proposal and ensure all receipts are provided to the P&C Treasurer for reimbursement of the approved amount.



Rest assured the process is not always complex and once the need and process is established, repeat approvals are often far quicker.

[MARMIONPANDC@GMAIL.COM](mailto:MARMIONPANDC@GMAIL.COM)



# MARMION PRIMARY SCHOOL



## ConnectNow

Convenience in the palm of your hand



DOWNLOAD THE NEW  
CONNECT NOW APP to  
get the latest information  
at Marmion Primary  
School.

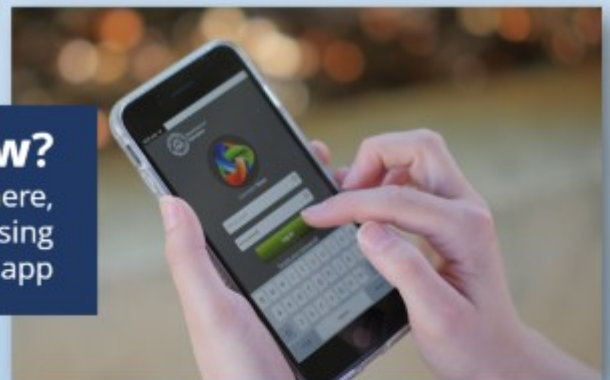


### What is my child doing?

Receive notifications to keep up to date  
with what's happening at school

### How to ConnectNow?

Access Connect anywhere,  
anytime on your phone using  
the **ConnectNow** app



Wherever you are... **ConnectNow**

If you would like to know more  
about **Connect** or **ConnectNow**  
please contact:

[marmionps@education.wa.edu.au](mailto:marmionps@education.wa.edu.au)





# MARMION PRIMARY SCHOOL

## REGULAR EVENTS

**Canteen 0491 127 076**

Wednesday-Friday takeaways only.

**Uniform Shop**

Wednesday 8:30-9:15am

## USEFUL CONTACTS

**New School Phone number:**  
**9492 2300**

### Absentees

[Marmion.ps@education.wa.edu.au](mailto:Marmion.ps@education.wa.edu.au)

### Holiday Absent

## Professional Development Days 2023

Term 2 — 24 April

Term 3 — 17 July

Term 4 — 6 November

## School Times

**Start of Day:** 8:50am

**Lunch:** 10:50am - 11:30am

**Recess:** 1:20pm - 1:40pm

**Well being time:** 1:40 –  
2:05pm

**End of Day:** 3.00pm

## Term Dates 2023

Term 1: Feb 1 - 6 April

Term 2: 24 April - 30 June

Term 3: 17 July-22 September

Term 4: 9 October-14  
December

Please remember to advise the school when your child is absent either by phoning the school on **9492 2300** or sending an email and advising the reason for the absence so we can code it correctly in lesson attendance.

For all general absentees such as illness, specialist appointments:

[Marmion.ps@education.wa.edu.au](mailto:Marmion.ps@education.wa.edu.au)

Marmion Primary School  
Containers for Change Scheme ID

# C10296463



Use this code when returning containers so MPS can receive the 10 cents per container refund.

